



WHO TO CALL

Type of Plan & Carrier	Phone Number	Website / E-mail
Medical / Rx		
UnitedHealthcare	1-866-314-0335	www.myuhc.com
Dental		
UnitedHealthcare	1-877-816-3596	www.myuhc.com
Vision		
EyeMed	1-866-723-0514	www.eyemed.com
Life Insurance with AD&D		
CIGNA	1-800-362-4462	www.mycigna.com
Short-Term & Long-Term Disability		
CIGNA	1-800-362-4462	www.mycigna.com
Employee Assistance Program		
Beacon	1-800-435-1986	www.myachieve.com
Virtual Visit		
UnitedHealthcare	n/a	www.myuhc.com
Nurseline		
UnitedHealthcare	1-888-887-4114 OR 1-866-314-0335	www.myuhc.com
Smokey Bones HR Department	(305) 749-9302, option 2	benefits@smokeybones.com